

# The Grange Medical Centre Newsletter

## Blood tests

We and the pathology labs are aware that there is a great pressure on the services at the hospital especially for blood tests.

With that in mind we have provided more sessions of blood taking so that everyone can get their bloods done at the surgery.

Please ask at reception for the next available appointment.

We hope that those people who use the service are finding it beneficial.

## Staff News

It is with great sadness that we say goodbye to Susan from Reception at the end of this month. We wish her well and thank her for all she has put into her time here.

Dr Pillalamarri will be staying on to do some extra sessions for us following his successful completion of his final training year in General Practice.

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### Special points to remember

- Please allow at least 2 working days for your prescriptions to be turned round, more if you want the chemist to deliver
- Urgent on the day appointments are for really urgent problems that can not wait. The appointment will only be 5 minutes long, so please do not be offended if the doctor asks you to come back another day if the problem is too complex to be dealt with in 5 minutes.

## Physiotherapist

You may not be aware that there is an independent chartered private physiotherapist who rents rooms in the surgery on alternate Tuesdays and Thursdays called Jennifer Michie. Jennifer has recently obtained her Masters in Acupuncture from Coventry University. She charges £35 for an initial consultation lasting 45 minutes and £30 for follow

up appointments. She is registered with most health insurance companies except BUPA.

You can pick up a leaflet about her acupuncture and physiotherapy clinic and book appointments at reception.



**Physiotherapy**

## Dr Hope

Dr Hope had a bone marrow transplant for his leukaemia last year and since then has been making steady progress. He is starting to provide some appointments but can we ask that you do not make appointments for children or for infectious symptoms such as coughs and colds as his immune system is still

building.

It is lovely to have him back!



## Our website [www.thegrangemedicalcentre.co.uk](http://www.thegrangemedicalcentre.co.uk)

For those of you who surf the web, take a few moments to look at our practice website

**[www.thegrangemedicalcentre.co.uk](http://www.thegrangemedicalcentre.co.uk)**

We are looking to recruit many of you into an on-line Patient Participation Group where you will be able to answer questionnaires about the practice and have your say. So please log on and

have a look!

And don't forget you can still book your appointments on-line as well as with reception.

## Telephone Appointments

Please remember that we have telephone appointments.

These can be useful for :

- Follow up problems
- Discuss blood tests when requested by doctor
- To clarify other doubts about medication.

They are not meant to:

- Substitute a face to face visit with the doctor if a diagnosis has not been established or if there is need for a physical examination.

- Request medication which has not been prescribed before
- Request a sick note when you haven't been seen by the doctor before.



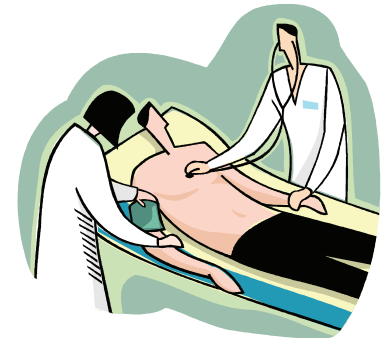
We are hoping that this makes access to the doctors easier.

## Chaperones

Please note that for all examinations we can provide a chaperone.

We would encourage you to ask your doctor or nurse for a chaper-

one if this makes you feel more comfortable.



## Prescription changes

The services we are able to offer to patients are controlled by both national government and local Primary Care Trust policies. One of these policies involves prescription drugs. You may find that your prescription is changed to a more cost effective version of the drug . This can include changing you to medi-

cation which will still contain exactly the same ingredients or it can be a different drug but with the same benefits. We understand it can be worrying to change but this saving will save the NHS nationally a great deal of money, which can pay for other services so please try the alternative where suggested.

**THE GRANGE MEDICAL  
CENTRE**



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Please ask at reception if you  
require a Practice Leaflet which  
outlines all our services.

Don't forget your flu  
jab!  
Clinics are now on.



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